

Things to pack – *Some unusual!*

Over the MANY years of doing these tours, we have received many tips from our performers, chaperones, parents and group leaders on some of their “must have” packed in their bags. If you have any additional ideas, please let us know!

Word of warning:

- All of these are great packing tips, but be careful you don't end up over packing!

Wear on plane

- It's always cooler on the plane, so wear long pants, long shirt with a sweater or jacket (easier to take off once in the air and saves room in your luggage). Use your sweater or jacket as a blanket or pillow.



What to pack:

- A longer comfy skirt for dinners out.
- 1 dressy blouse/shirt that travels well
- Knee length shorts/skirt for entering churches – they prefer shoulders and knees to be covered out of respect.
- Black stretchy shorts/casual shorts
- Black stretchy leggings/casual pants
- Jeans/Long dress pants for dinners
- T-shirts (6): White, black, coloured
- Comfy sundress
- Large crepe scarf – dresses things up and it's already wrinkly. Use to cover your shoulders or head while visiting churches, cathedrals.
- Bathing suit (use scarf to cover up)
- Wear comfortable sandals (such as Keen) for walking tours.

- A pair of plain runners (such as Sketchers) to go with shorts or sundress.

- Slippers (for the tender tootsies)
- Pack clothes with materials that travel well and don't wrinkle.
- There are packing cubes available that will keep your under garments separated.

Little extras for your room:

- Bring a skirt hanger or two. Many hotels provide a few generic hangers.
- If you are bringing items that require hand washing, bring little plastic containers of washing powder and fabric softener.
- Clothespins are very useful – from pinning curtains closed to hanging laundry to dry.
- If you're a light sleeper – earplugs!

Don't forget!

- Charger for phones, laptops, as well as voltage adaptors.
- **CHECK OUT THIS SITE** to find out what type of adapter you need: **www.power-plugs-sockets.com**
- An extension cord, one with a power bar is great for plugging in all your devices during the night.
- Some people find it easier to travel with a second (sometimes a third) fully charged battery.

Your carry-on

- Keep your money and ID close to you and bring and EMPTY water bottle with you, and refill it as you travel.

Food and drink

- High-energy food bars, great to keep close at hand.
- Other high-energy food sources can include dried fruit.

Translator app

- Before you leave, download the free Google Translate app! It instantly translates words, phrases and web pages to English. To save on data, download the language you need.

Pack it like an accordion!

Think vertical! 😊

Fold a shirt:

- Fold both sleeves. Make a long rectangle with the item. Fold it in half lengthwise. Then fold it into a third lengthwise. When piece of clothing is folded correctly, it will stand.

Fold a pant:

- Fold the pants in half. Fold them in half again. Then fold them into thirds. When done, the pants should be able to stand.



Things to consider:

- Small packages of sanitizing wipes and small bottles of hand sanitizers.
- Laundry wipes (Shout/Tide) for cleaning stains off clothes.
- Duct tape – the magic “fixes everything” tool!
- Ziploc bags (bring a lot of them) - they’re light and inexpensive; bring different sizes. Perfect for putting clothes that haven’t dried; dirty undergarments; and all those postcards you’ve collected!
- Rubber bands, hair scrunchies and plastic ties are great in a pinch.
- A good quality Leatherman type multi-tool - make sure it has scissors, corkscrew, bottle opener, and regular and Philips head screwdriver, as well as a knife. NOTE: This should be packed in your checked baggage NOT your carry-on.
- A sewing kit: Safety pins, thread, needle and some buttons.
- A set of utensils: Knives, forks and spoons - to enjoy fruit, bread, cheeses and deli foods in your room.
- Use a plastic container with a lid to put your jewellery in. It’s perfect for when you take your jewellery off at night, you just place it back in the container - no lost earrings!
- Pens for filling out forms on flight or at customs. Bring a Sharpie too!
- Post-it notes, small notebook
- Length of velcro (male and female) - great for binding stuff together.
- Butterfly clips - great for keeping receipts together.
- Extra sheet for quick costume changes.
- A string bag is very handy.

Carry on you:

- Toilet paper - folded sheets for using public washrooms.
- Spare change for pay toilets!

Toiletries

- Toothbrush/toothpaste
- Visine
- Chapstick
- Medicines: Pack all in your carry-on baggage in their original, labelled containers to facilitate airport security and customs screening
- Generic medicines: Gravol, Tums, Tylenol/Ibuprofen, Neosporin with pain relief, Anti-histamines (allergies)
- Sunscreen
- Moisturizer
- Keep your makeup bag slim: Foundation; neutral eyeshadow and eyeliner to go with all outfits; mascara
- Wash cloth (most European hotels don’t provide them)
- Consider bringing makeup wipes, or invest in a small travel wash kit
- If you wear contacts, bring your contact solutions. If you wear glasses, pack an eye glass repair kit
- Band-aids i(variety of sizes)
- Scissors
- Elastic bandage
- Gold Bond or similar power for heat rash and chafing

Your money

- Make sure your ATM card can be used internationally
- Contact your credit card company (so they don’t put a stop on your card)
- Carry your money in a money belt or similar
- Make sure your passport is in good condition.
- Leave a copy of your passport and itinerary with someone at home.